

SPEEDOMEETING 2026: Session: 2: COACH evaluation sheet for TEAM: MEGA

Coachinfo: Warming up from: 07:45 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Smet Lieselotte HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 9: 100M FREESTYLE MEN 11+			Heat:2, starttime: 09:00
Heat: 2/27 Lane : 6 Athlete: VAN HULLE MAURO			Q-time: 01:30:71
PB (50m pool): 01:25.37 Antwerpen 15/03/2026			PB (25m pool): 01:29.66 SB: 01:25.37 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:40.56	01:25.37	
	00:40.56	00:44.81	
			

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 11+			Heat:5, starttime: 09:10
Heat: 5/27 Lane : 1 Athlete: DUMONT SIEBE			Q-time: 01:18:36
PB (50m pool): 01:16.13 Antwerpen 15/03/2026			PB (25m pool): 01:17.68 SB: 01:16.13 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:36.84	01:16.13	
	00:36.84	00:39.29	
			

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 11+			Heat:7, starttime: 09:10
Heat: 7/27 Lane : 1 Athlete: RABAEYS LUCAS			Q-time: 01:14:56
PB (50m pool): 01:13.89 Antwerpen 15/03/2026			PB (25m pool): 01:12.20 SB: 01:13.89 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:35.32	01:13.89	
	00:35.32	00:38.57	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 2: COACH evaluation sheet for TEAM: MEGA

Event number: 9: 100M FREESTYLE MEN 11+			Heat:7, starttime: 09:10
Heat: 7/27 Lane : 5 Athlete: HINDRYCKX MAURO			Q-time: 01:13:79
PB (50m pool): 01:05.66 Antwerpen 15/03/2026			PB (25m pool): 01:03.46 SB: 01:05.66 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:31.72	01:05.66	
	00:31.72	00:33.94	
			

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 11+			Heat:7, starttime: 09:10
Heat: 7/27 Lane : 7 Athlete: VAN DEN BRANDEN CAMIEL			Q-time: 01:14:34
PB (50m pool): 01:11.73 Antwerpen 08/03/2026			PB (25m pool): 01:13.47 SB: 01:11.73 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:35.10	01:11.73	
	00:35.10	00:36.63	
			

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 11+			Heat:8, starttime: 09:15
Heat: 8/27 Lane : 2 Athlete: VAN THILLO BASTIJN			Q-time: 01:11:88
PB (50m pool): 01:11.88 Gent 08/02/2026			PB (25m pool): 01:13.25 SB: 01:11.88 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:34.27	01:11.88	
	00:34.27	00:37.61	
			

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 11+			Heat:8, starttime: 09:15
Heat: 8/27 Lane : 8 Athlete: BODDAERT LUCAS			Q-time: 01:12:97
PB (50m pool): 01:12.23 Antwerpen 15/03/2026			PB (25m pool): 01:13.44 SB: 01:12.23 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:34.61	01:12.23	
	00:34.61	00:37.62	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 2: COACH evaluation sheet for TEAM: MEGA

Event number: 9: 100M FREESTYLE MEN 11+			Heat:9, starttime: 09:15
Heat: 9/27 Lane : 9 Athlete: GURICKX ALEXANDER			Q-time: 01:10:90
PB (50m pool): no time			PB (25m pool): 01:10.90 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 11+			Heat:10, starttime: 09:15
Heat: 10/27 Lane : 3 Athlete: TEIRLINCK TIGO			Q-time: 01:08:77
PB (50m pool): 01:07.25 Antwerpen 08/03/2026			PB (25m pool): 01:08.42 SB: 01:07.25 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:32.34	01:07.25	
	00:32.34	00:34.91	
			

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 11+			Heat:10, starttime: 09:15
Heat: 10/27 Lane : 4 Athlete: POLLET MILO			Q-time: 01:08:66
PB (50m pool): 01:06.46 Antwerpen 15/03/2026			PB (25m pool): 01:05.96 SB: 01:06.46 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:32.39	01:06.46	
	00:32.39	00:34.07	
			

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 11+			Heat:10, starttime: 09:15
Heat: 10/27 Lane : 9 Athlete: VANHULLE WILLEM			Q-time: 01:09:73
PB (50m pool): 01:06.61 Antwerpen 15/03/2026			PB (25m pool): 01:05.31 SB: 01:06.61 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:32.90	01:06.61	
	00:32.90	00:33.71	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 2: COACH evaluation sheet for TEAM: MEGA

Event number: 9: 100M FREESTYLE MEN 11+			Heat:12, starttime: 09:20
Heat: 12/27 Lane : 0 Athlete: TURPIJN JULES			Q-time: 01:07:28
PB (50m pool): 01:10.29 Antwerpen 13/07/2025			PB (25m pool): 01:04.57 SB: no time
	5 0 M	1 0 0 M	
PB	00:33.83	01:10.29	
	00:33.83	00:36.46	
			

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 11+			Heat:12, starttime: 09:20
Heat: 12/27 Lane : 4 Athlete: DE VREESE SEPPE			Q-time: 01:06:42
PB (50m pool): 01:05.72 Antwerpen 08/03/2026			PB (25m pool): 01:06.94 SB: 01:05.72 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:31.95	01:05.72	
	00:31.95	00:33.77	
			

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 11+			Heat:14, starttime: 09:25
Heat: 14/27 Lane : 3 Athlete: COUTANT YARNE			Q-time: 01:04:39
PB (50m pool): 01:02.71 Eindhoven 22/03/2026			PB (25m pool): 01:01.39 SB: 01:02.71 Eindhoven 22/03/2026
	5 0 M	1 0 0 M	
PB	00:30.18	01:02.71	
	00:30.18	00:32.53	
			

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 11+			Heat:15, starttime: 09:25
Heat: 15/27 Lane : 5 Athlete: VAN THILLO ELIAS			Q-time: 01:03:26
PB (50m pool): 01:03.26 Eindhoven 16/03/2025			PB (25m pool): 01:01.00 SB: no time
	5 0 M	1 0 0 M	
PB	00:29.99	01:03.26	
	00:29.99	00:33.27	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 2: COACH evaluation sheet for TEAM: MEGA

Event number: 9: 100M FREESTYLE MEN 11+			Heat:16, starttime: 09:25
Heat: 16/27 Lane : 4 Athlete: ROSIERS MATHIAS			Q-time: 01:02:50
PB (50m pool): 01:01.72 Antwerpen 15/03/2026			PB (25m pool): 01:00.82 SB: 01:01.72 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:29.85	01:01.72	
	00:29.85	00:31.87	
			

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 11+			Heat:17, starttime: 09:30
Heat: 17/27 Lane : 0 Athlete: VIAENE MAXIM			Q-time: 01:02:22
PB (50m pool): 01:02.22 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 00:59.80 SB: 01:03.70 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:29.76	01:02.22	
	00:29.76	00:32.46	
			

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 11+			Heat:18, starttime: 09:30
Heat: 18/27 Lane : 8 Athlete: DE DECKER TIBE			Q-time: 01:01:03
PB (50m pool): 00:59.13 Antwerpen 15/03/2026			PB (25m pool): 00:59.36 SB: 00:59.13 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:28.88	00:59.13	
	00:28.88	00:30.25	
			

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 11+			Heat:20, starttime: 09:35
Heat: 20/27 Lane : 8 Athlete: LAFAUT LEON			Q-time: 00:59:51
PB (50m pool): 00:59.51 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 00:56.77 SB: no time
	5 0 M	1 0 0 M	
PB	00:28.60	00:59.51	
	00:28.60	00:30.91	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 2: COACH evaluation sheet for TEAM: MEGA

Event number: 9: 100M FREESTYLE MEN 11+			Heat:20, starttime: 09:35
Heat: 20/27 Lane : 9 Athlete: LANNOY CAS			Q-time: 00:59:60
PB (50m pool): 00:59.60 Gent 08/02/2026			PB (25m pool): 00:58.89 SB: 00:59.60 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:28.68	00:59.60	
	00:28.68	00:30.92	
			

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 11+			Heat:21, starttime: 09:35
Heat: 21/27 Lane : 3 Athlete: ROSIERS NICOLAS			Q-time: 00:58:78
PB (50m pool): 00:58.78 Lago Gent Rozebroeken 04/05/2025			PB (25m pool): 00:56.05 SB: 01:00.28 Lochristi 01/02/2026
	5 0 M	1 0 0 M	
PB	00:27.74	00:58.78	
	00:27.74	00:31.04	
			

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 11+			Heat:21, starttime: 09:35
Heat: 21/27 Lane : 4 Athlete: LAFAUT JEROME			Q-time: 00:58:67
PB (50m pool): 00:57.22 Antwerpen 08/03/2026			PB (25m pool): 00:55.81 SB: 00:57.22 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:27.24	00:57.22	
	00:27.24	00:29.98	
			

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 11+			Heat:21, starttime: 09:35
Heat: 21/27 Lane : 5 Athlete: LOEYS EWOUT			Q-time: 00:58:71
PB (50m pool): 00:57.67 Antwerpen 08/03/2026			PB (25m pool): 00:56.98 SB: 00:57.67 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:27.76	00:57.67	
	00:27.76	00:29.91	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 2: COACH evaluation sheet for TEAM: MEGA

Event number: 9: 100M FREESTYLE MEN 11+			Heat:22, starttime: 09:35
Heat: 22/27 Lane : 1 Athlete: KOCKX HENRI			Q-time: 00:58:22
PB (50m pool): 00:57.45 Antwerp 21/01/2024			PB (25m pool): 00:56.49 SB: 00:58.22 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	no time	00:57.45	
	no time		
			

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 11+			Heat:22, starttime: 09:35
Heat: 22/27 Lane : 2 Athlete: BOGAERTS THIJS			Q-time: 00:57:95
PB (50m pool): 00:57.90 Antwerpen 15/03/2026			PB (25m pool): 00:55.93 SB: 00:57.90 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:27.82	00:57.90	
	00:27.82	00:30.08	
			

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 11+			Heat:23, starttime: 09:35
Heat: 23/27 Lane : 7 Athlete: CLAEYS OSCAR			Q-time: 00:57:44
PB (50m pool): 00:57.44 Antwerp 04/02/2024			PB (25m pool): 00:54.83 SB: no time
	5 0 M	1 0 0 M	
PB	no time	00:57.44	
	no time		
			

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 11+			Heat:27, starttime: 09:45
Heat: 27/27 Lane : 0 Athlete: SCHRAM THOR			Q-time: 00:55:91
PB (50m pool): 00:54.34 Antwerpen 22/03/2026			PB (25m pool): 00:53.43 SB: 00:54.34 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:26.45	00:54.34	
	00:26.45	00:27.89	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 2: COACH evaluation sheet for TEAM: MEGA

Event number: 9: 100M FREESTYLE MEN 11+			Heat:27, starttime: 09:45
Heat: 27/27 Lane : 1 Athlete: LEROUX WOUT			Q-time: 00:55:51
PB (50m pool): 00:55.51 Antwerpen 27/07/2025			PB (25m pool): 00:54.03 SB: 00:55.72 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:26.84	00:55.51	
	00:26.84	00:28.67	
			

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 11+			Heat:27, starttime: 09:45
Heat: 27/27 Lane : 8 Athlete: VAN DEURSEN SIEBE			Q-time: 00:55:81
PB (50m pool): 00:55.81 Antwerpen 27/07/2025			PB (25m pool): 00:53.91 SB: 00:55.96 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:27.07	00:55.81	
	00:27.07	00:28.74	
			

Coach feedback:

Event number: 10: 100M BREASTSTROKE WOMEN 11+			Heat:3, starttime: 09:50
Heat: 3/26 Lane : 3 Athlete: AUDENAERT LORE			Q-time: 01:56:90
PB (50m pool): 01:56.90 Gent 08/02/2026			PB (25m pool): no time SB: 01:56.90 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:53.60	01:56.90	
	00:53.60	01:03.30	
			

Coach feedback:

Event number: 10: 100M BREASTSTROKE WOMEN 11+			Heat:4, starttime: 09:55
Heat: 4/26 Lane : 9 Athlete: CHRISTIAENS NORE			Q-time: 01:55:40
PB (50m pool): 01:54.26 Antwerpen 15/03/2026			PB (25m pool): 01:57.30 SB: 01:54.26 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:54.25	01:54.26	
	00:54.25	01:00.01	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 2: COACH evaluation sheet for TEAM: MEGA

Event number: 10: 100M BREASTSTROKE WOMEN 11+			Heat:6, starttime: 10:00
Heat: 6/26 Lane : 9 Athlete: SCHOENMAEKERS ALIX			Q-time: 01:49:34
PB (50m pool): 01:39.42 Antwerpen 15/03/2026			PB (25m pool): 01:43.49 SB: 01:39.42 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:47.02	01:39.42	
	00:47.02	00:52.40	
			

Coach feedback:

Event number: 10: 100M BREASTSTROKE WOMEN 11+			Heat:7, starttime: 10:00
Heat: 7/26 Lane : 1 Athlete: RABAEYS LAURE			Q-time: 01:46:32
PB (50m pool): 01:46.28 Antwerpen 15/03/2026			PB (25m pool): no time SB: 01:46.28 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:52.25	01:46.28	
	00:52.25	00:54.03	
			

Coach feedback:

Event number: 10: 100M BREASTSTROKE WOMEN 11+			Heat:7, starttime: 10:00
Heat: 7/26 Lane : 8 Athlete: VAN DER PLAS SANNE			Q-time: 01:46:48
PB (50m pool): 01:46.48 Gent 08/02/2026			PB (25m pool): 01:45.39 SB: 01:46.48 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:52.06	01:46.48	
	00:52.06	00:54.42	
			

Coach feedback:

Event number: 10: 100M BREASTSTROKE WOMEN 11+			Heat:8, starttime: 10:05
Heat: 8/26 Lane : 7 Athlete: HUWEL LENA			Q-time: 01:44:60
PB (50m pool): 01:43.36 Antwerpen 15/03/2026			PB (25m pool): 01:49.05 SB: 01:43.36 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:50.17	01:43.36	
	00:50.17	00:53.19	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 2: COACH evaluation sheet for TEAM: MEGA

Event number: 10: 100M BREASTSTROKE WOMEN 11+			Heat:12, starttime: 10:10
Heat: 12/26 Lane : 7 Athlete: VANHAECKE JULIETTE			Q-time: 01:37:75
PB (50m pool): 01:32.19 Antwerpen 15/03/2026			PB (25m pool): 01:33.36 SB: 01:32.19 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:44.71	01:32.19	
	00:44.71	00:47.48	
			

Coach feedback:

Event number: 10: 100M BREASTSTROKE WOMEN 11+			Heat:15, starttime: 10:20
Heat: 15/26 Lane : 7 Athlete: DELAGRANGE CéZANNE			Q-time: 01:33:57
PB (50m pool): 01:33.57 Antwerpen 13/07/2025			PB (25m pool): 01:38.13 SB: 01:38.01 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:44.40	01:33.57	
	00:44.40	00:49.17	
			

Coach feedback:

Event number: 10: 100M BREASTSTROKE WOMEN 11+			Heat:16, starttime: 10:20
Heat: 16/26 Lane : 7 Athlete: WAIGNEIN ROSIE			Q-time: 01:32:04
PB (50m pool): 01:24.16 Antwerpen 08/03/2026			PB (25m pool): 01:24.14 SB: 01:24.16 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:40.11	01:24.16	
	00:40.11	00:44.05	
			

Coach feedback:

Event number: 10: 100M BREASTSTROKE WOMEN 11+			Heat:18, starttime: 10:25
Heat: 18/26 Lane : 8 Athlete: CLAEYS ELISE			Q-time: 01:29:69
PB (50m pool): 01:29.69 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 01:29.97 SB: 01:38.80 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:42.62	01:29.69	
	00:42.62	00:47.07	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 2: COACH evaluation sheet for TEAM: MEGA

Event number: 10: 100M BREASTSTROKE WOMEN 11+			Heat:19, starttime: 10:25
Heat: 19/26 Lane : 9 Athlete: BAEKE STINE			Q-time: 01:28:78
PB (50m pool): 01:26.96 Antwerpen 15/03/2026			PB (25m pool): 01:28.18 SB: 01:26.96 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:41.30	01:26.96	
	00:41.30	00:45.66	
			

Coach feedback:

Event number: 10: 100M BREASTSTROKE WOMEN 11+			Heat:21, starttime: 10:30
Heat: 21/26 Lane : 2 Athlete: POTIER JOLIE			Q-time: 01:24:79
PB (50m pool): 01:24.79 Gent 08/02/2026			PB (25m pool): 01:23.35 SB: 01:24.79 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:39.43	01:24.79	
	00:39.43	00:45.36	
			

Coach feedback:

Event number: 10: 100M BREASTSTROKE WOMEN 11+			Heat:24, starttime: 10:35
Heat: 24/26 Lane : 7 Athlete: VAN GYSEL MAITE			Q-time: 01:20:81
PB (50m pool): 01:19.44 ANTWERPEN 30/07/2023			PB (25m pool): 01:17.30 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:19.44	
	no time		
			

Coach feedback:

Event number: 10: 100M BREASTSTROKE WOMEN 11+			Heat:25, starttime: 10:35
Heat: 25/26 Lane : 4 Athlete: RAEMDONCK BENTHE-MARIE			Q-time: 01:14:79
PB (50m pool): 01:13.01 Antwerpen 22/03/2026			PB (25m pool): 01:11.31 SB: 01:13.01 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:34.15	01:13.01	
	00:34.15	00:38.86	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 2: COACH evaluation sheet for TEAM: MEGA

Event number: 10: 100M BREASTSTROKE WOMEN 11+			Heat:25, starttime: 10:35
Heat: 25/26 Lane : 7 Athlete: VAN DER PLAS LOTTE			Q-time: 01:20:43
PB (50m pool): 01:19.43 Antwerpen 08/03/2026			PB (25m pool): 01:17.20 SB: 01:19.43 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:37.17	01:19.43	
	00:37.17	00:42.26	
			

Coach feedback:

Event number: 10: 100M BREASTSTROKE WOMEN 11+			Heat:26, starttime: 10:40
Heat: 26/26 Lane : 9 Athlete: DE VREESE JULIE			Q-time: 01:21:82
PB (50m pool): 01:19.85 Antwerpen 08/03/2026			PB (25m pool): 01:17.97 SB: 01:19.85 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:37.61	01:19.85	
	00:37.61	00:42.24	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:1, starttime: 10:55
Heat: 1/24 Lane : 4 Athlete: LANNOY CAS			Q-time: 99:99:99
PB (50m pool): 01:15.55 Zwembad Brigitte Becue Oostend 19/05/2025			PB (25m pool): 01:09.96 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:15.55	
	no time		
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:3, starttime: 11:00
Heat: 3/24 Lane : 9 Athlete: VAN HULLE MAURO			Q-time: 01:44:06
PB (50m pool): 01:38.15 Antwerpen 15/03/2026			PB (25m pool): 01:41.67 SB: 01:38.15 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:48.45	01:38.15	
	00:48.45	00:49.70	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 2: COACH evaluation sheet for TEAM: MEGA

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:5, starttime: 11:05
Heat: 5/24 Lane : 4 Athlete: DUMONT SIEBE			Q-time: 01:28:90
PB (50m pool): 01:28.70 Antwerpen 15/03/2026			PB (25m pool): 01:30.48 SB: 01:28.70 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:43.67	01:28.70	
	00:43.67	00:45.03	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:5, starttime: 11:05
Heat: 5/24 Lane : 5 Athlete: MEERT JOLAN			Q-time: 01:29:39
PB (50m pool): 01:29.39 LOCHRISTI 25/01/2026			PB (25m pool): no time SB: 01:29.39 LOCHRISTI 25/01/2026
	5 0 M	1 0 0 M	
PB	no time	01:29.39	
	no time		
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:5, starttime: 11:05
Heat: 5/24 Lane : 6 Athlete: RABAEYS LUCAS			Q-time: 01:29:75
PB (50m pool): 01:29.17 Antwerpen 15/03/2026			PB (25m pool): 01:27.69 SB: 01:29.17 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:43.52	01:29.17	
	00:43.52	00:45.65	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:7, starttime: 11:10
Heat: 7/24 Lane : 0 Athlete: BODDAERT LUCAS			Q-time: 01:25:90
PB (50m pool): 01:21.25 Antwerpen 15/03/2026			PB (25m pool): 01:20.44 SB: 01:21.25 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:39.33	01:21.25	
	00:39.33	00:41.92	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 2: COACH evaluation sheet for TEAM: MEGA

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:7, starttime: 11:10
Heat: 7/24 Lane : 5 Athlete: GURICKX ALEXANDER			Q-time: 01:24:87
PB (50m pool): no time			PB (25m pool): 01:24.87 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:7, starttime: 11:10
Heat: 7/24 Lane : 8 Athlete: VAN DEN BRANDEN CAMIEL			Q-time: 01:25:86
PB (50m pool): 01:25.40 Antwerpen 08/03/2026			PB (25m pool): 01:20.86 SB: 01:25.40 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:41.75	01:25.40	
	00:41.75	00:43.65	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:8, starttime: 11:10
Heat: 8/24 Lane : 6 Athlete: HINDRYCKX MAURO			Q-time: 01:23:37
PB (50m pool): 01:18.77 Eindhoven 22/03/2026			PB (25m pool): 01:15.77 SB: 01:18.77 Eindhoven 22/03/2026
	5 0 M	1 0 0 M	
PB	00:38.79	01:18.77	
	00:38.79	00:39.98	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:10, starttime: 11:15
Heat: 10/24 Lane : 7 Athlete: VANHULLE WILLEM			Q-time: 01:20:59
PB (50m pool): 01:17.60 Antwerpen 15/03/2026			PB (25m pool): 01:16.41 SB: 01:17.60 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:38.53	01:17.60	
	00:38.53	00:39.07	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 2: COACH evaluation sheet for TEAM: MEGA

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:11, starttime: 11:15
Heat: 11/24 Lane : 0 Athlete: COUTANT YARNE			Q-time: 01:19:14
PB (50m pool): 01:19.14 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:14.49 SB: no time			
	5 0 M	1 0 0 M	
PB	00:38.21	01:19.14	
	00:38.21	00:40.93	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:11, starttime: 11:15
Heat: 11/24 Lane : 7 Athlete: TEIRLINCK TIGO			Q-time: 01:19:01
PB (50m pool): 01:17.91 Antwerpen 08/03/2026 PB (25m pool): 01:18.10 SB: 01:17.91 Antwerpen 08/03/2026			
	5 0 M	1 0 0 M	
PB	00:38.27	01:17.91	
	00:38.27	00:39.64	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:11, starttime: 11:15
Heat: 11/24 Lane : 9 Athlete: POLLET MILO			Q-time: 01:19:52
PB (50m pool): 01:19.52 Gent 08/02/2026 PB (25m pool): 01:14.96 SB: 01:19.52 Gent 08/02/2026			
	5 0 M	1 0 0 M	
PB	00:39.75	01:19.52	
	00:39.75	00:39.77	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:15, starttime: 11:25
Heat: 15/24 Lane : 4 Athlete: VAN THILLO AMBROOS			Q-time: 01:13:64
PB (50m pool): 01:11.49 Eindhoven 22/03/2026 PB (25m pool): 01:07.74 SB: 01:11.49 Eindhoven 22/03/2026			
	5 0 M	1 0 0 M	
PB	00:34.68	01:11.49	
	00:34.68	00:36.81	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 2: COACH evaluation sheet for TEAM: MEGA

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:15, starttime: 11:25
Heat: 15/24 Lane : 7 Athlete: VAN THILLO ELIAS			Q-time: 01:14:29
PB (50m pool): 01:14.29 Eindhoven 16/03/2025			PB (25m pool): 01:09.69 SB: no time
	5 0 M	1 0 0 M	
PB	00:36.03	01:14.29	
	00:36.03	00:38.26	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:16, starttime: 11:25
Heat: 16/24 Lane : 4 Athlete: ROSIERS MATHIAS			Q-time: 01:12:38
PB (50m pool): 01:11.30 Antwerpen 15/03/2026			PB (25m pool): 01:10.43 SB: 01:11.30 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:34.90	01:11.30	
	00:34.90	00:36.40	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:17, starttime: 11:30
Heat: 17/24 Lane : 2 Athlete: VIAENE MAXIM			Q-time: 01:11:37
PB (50m pool): 01:11.37 Lago Gent Rozebroeken 04/05/2025			PB (25m pool): 01:09.58 SB: 01:14.09 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:34.85	01:11.37	
	00:34.85	00:36.52	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:18, starttime: 11:30
Heat: 18/24 Lane : 4 Athlete: LOEYS EWOUT			Q-time: 01:09:51
PB (50m pool): 01:07.48 Antwerpen 08/03/2026			PB (25m pool): 01:06.00 SB: 01:07.48 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:33.23	01:07.48	
	00:33.23	00:34.25	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 2: COACH evaluation sheet for TEAM: MEGA

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:19, starttime: 11:30
Heat: 19/24 Lane : 8 Athlete: DE DECKER TIBE			Q-time: 01:08:97
PB (50m pool): 01:06.59 Antwerpen 15/03/2026			PB (25m pool): 01:03.26 SB: 01:06.59 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:32.31	01:06.59	
	00:32.31	00:34.28	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:20, starttime: 11:35
Heat: 20/24 Lane : 9 Athlete: ROSIERS NICOLAS			Q-time: 01:07:86
PB (50m pool): 01:07.86 Lochristi 01/02/2026			PB (25m pool): 01:03.65 SB: 01:07.86 Lochristi 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:07.86	
	no time		
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:22, starttime: 11:35
Heat: 22/24 Lane : 2 Athlete: LAFAUT LEON			Q-time: 01:04:47
PB (50m pool): 01:04.47 Antwerpen 27/07/2025			PB (25m pool): 01:01.43 SB: 01:05.46 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:30.78	01:04.47	
	00:30.78	00:33.69	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:22, starttime: 11:35
Heat: 22/24 Lane : 5 Athlete: VAN DEURSEN SIEBE			Q-time: 01:02:15
PB (50m pool): 01:02.15 Antwerpen 27/07/2025			PB (25m pool): 00:59.86 SB: 01:02.44 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:30.62	01:02.15	
	00:30.62	00:31.53	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 2: COACH evaluation sheet for TEAM: MEGA

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:23, starttime: 11:40
Heat: 23/24 Lane : 0 Athlete: LEROUX WOUT			Q-time: 01:05:54
PB (50m pool): 01:04.36 Antwerpen 22/03/2026			PB (25m pool): 01:00.78 SB: 01:04.36 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:31.39	01:04.36	
	00:31.39	00:32.97	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:24, starttime: 11:40
Heat: 24/24 Lane : 1 Athlete: CLAEYS OSCAR			Q-time: 01:04:61
PB (50m pool): 01:03.54 ANTWERPEN 30/07/2023			PB (25m pool): 00:59.69 SB: 01:04.41 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	no time	01:03.54	
	no time		
			

Coach feedback:

Event number: 12: 100M BUTTERFLY WOMEN 11+			Heat:5, starttime: 11:50
Heat: 5/22 Lane : 1 Athlete: SCHOENMAEKERS ALIX			Q-time: 01:51:20
PB (50m pool): 01:51.20 Antwerpen 13/07/2025			PB (25m pool): 01:40.77 SB: no time
	5 0 M	1 0 0 M	
PB	00:49.68	01:51.20	
	00:49.68	01:01.52	
			

Coach feedback:

Event number: 12: 100M BUTTERFLY WOMEN 11+			Heat:10, starttime: 12:05
Heat: 10/22 Lane : 6 Athlete: BAEKE STINE			Q-time: 01:31:39
PB (50m pool): 01:31.39 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 01:32.46 SB: no time
	5 0 M	1 0 0 M	
PB	00:40.31	01:31.39	
	00:40.31	00:51.08	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 2: COACH evaluation sheet for TEAM: MEGA

Event number: 12: 100M BUTTERFLY WOMEN 11+			Heat:14, starttime: 12:10
Heat: 14/22 Lane : 8 Athlete: WAIGNEIN ROSIE			Q-time: 01:22:62
PB (50m pool): 01:22.62 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 01:22.63 SB: no time			
	5 0 M	1 0 0 M	
PB	00:38.55	01:22.62	
	00:38.55	00:44.07	
			

Coach feedback:

Event number: 12: 100M BUTTERFLY WOMEN 11+			Heat:16, starttime: 12:15
Heat: 16/22 Lane : 0 Athlete: VANHAECKE JULIETTE			Q-time: 01:18:91
PB (50m pool): 01:17.37 Antwerpen 15/03/2026 PB (25m pool): 01:18.46 SB: 01:17.37 Antwerpen 15/03/2026			
	5 0 M	1 0 0 M	
PB	00:36.08	01:17.37	
	00:36.08	00:41.29	
			

Coach feedback:

Event number: 12: 100M BUTTERFLY WOMEN 11+			Heat:17, starttime: 12:15
Heat: 17/22 Lane : 1 Athlete: VAN HERPE MILLY			Q-time: 01:16:63
PB (50m pool): 01:16.63 Gent 08/02/2026 PB (25m pool): 01:15.39 SB: 01:16.63 Gent 08/02/2026			
	5 0 M	1 0 0 M	
PB	00:35.37	01:16.63	
	00:35.37	00:41.26	
			

Coach feedback:

Event number: 12: 100M BUTTERFLY WOMEN 11+			Heat:18, starttime: 12:20
Heat: 18/22 Lane : 1 Athlete: DEN BAES ELISE			Q-time: 01:15:12
PB (50m pool): 01:14.67 Antwerp 28/01/2024 PB (25m pool): 01:13.55 SB: 01:15.12 Gent 08/02/2026			
	5 0 M	1 0 0 M	
PB	no time	01:14.67	
	no time		
			

Coach feedback:

SPEEDOMEETING 2026: Session: 2: COACH evaluation sheet for TEAM: MEGA

Event number: 12: 100M BUTTERFLY WOMEN 11+			Heat:18, starttime: 12:20
Heat: 18/22 Lane : 3 Athlete: VAN DER PLAS LOTTE			Q-time: 01:13:80
PB (50m pool): 01:13.80 Gent 08/02/2026			PB (25m pool): 01:13.61 SB: 01:13.80 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:33.07	01:13.80	
	00:33.07	00:40.73	
			

Coach feedback:

Event number: 12: 100M BUTTERFLY WOMEN 11+			Heat:18, starttime: 12:20
Heat: 18/22 Lane : 5 Athlete: OLDE BIJVANK FEMKE			Q-time: 01:13:72
PB (50m pool): 01:11.36 Lago Gent Rozebroeken 05/05/2024			PB (25m pool): 01:10.91 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:11.36	
	no time		
			

Coach feedback:

Event number: 12: 100M BUTTERFLY WOMEN 11+			Heat:18, starttime: 12:20
Heat: 18/22 Lane : 7 Athlete: DE VREESE JULIE			Q-time: 01:14:49
PB (50m pool): 01:14.49 Lochristi 01/02/2026			PB (25m pool): 01:13.59 SB: 01:14.49 Lochristi 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:14.49	
	no time		
			

Coach feedback:

Event number: 12: 100M BUTTERFLY WOMEN 11+			Heat:20, starttime: 12:20
Heat: 20/22 Lane : 5 Athlete: HOSTE CELESTE			Q-time: 01:05:59
PB (50m pool): 01:07.55 Antwerpen 22/03/2026			PB (25m pool): no time SB: 01:07.55 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:31.41	01:07.55	
	00:31.41	00:36.14	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 2: COACH evaluation sheet for TEAM: MEGA

Event number: 12: 100M BUTTERFLY WOMEN 11+			Heat:21, starttime: 12:25
Heat: 21/22 Lane : 1 Athlete: VAN GYSEL MAITE			Q-time: 01:09:32
PB (50m pool): 01:09.32 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 01:07.45 SB: 01:10.53 Lochristi 01/02/2026
	5 0 M	1 0 0 M	
PB	00:32.43	01:09.32	
	00:32.43	00:36.89	
			

Coach feedback:

Event number: 12: 100M BUTTERFLY WOMEN 11+			Heat:21, starttime: 12:25
Heat: 21/22 Lane : 3 Athlete: DE DECKER FEBE			Q-time: 01:06:34
PB (50m pool): 01:06.02 Antwerpen 22/03/2026			PB (25m pool): 01:05.12 SB: 01:06.02 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:30.81	01:06.02	
	00:30.81	00:35.21	
			

Coach feedback:

Event number: 12: 100M BUTTERFLY WOMEN 11+			Heat:22, starttime: 12:25
Heat: 22/22 Lane : 8 Athlete: SCHRAM MILA			Q-time: 01:10:59
PB (50m pool): 01:09.48 Antwerpen 08/03/2026			PB (25m pool): 01:08.44 SB: 01:09.48 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:31.26	01:09.48	
	00:31.26	00:38.22	
			

Coach feedback: